



# Gold Spike Trail Tour II Ride Guide

## Saturday, May 31, 2014

### Welcome to the Gold Spike Trail Tour II

Thank you for joining us today to celebrate the world class cycling opportunities we have in West Michigan. In addition to this Ride Guide, all registered cyclists receive a packet containing:

Tee shirt

Wrist band

Ride map

Gold Spike Trail Tour II mileage card

Musketawa Trail brochure

Other ride promotional literature

### Ride Details

#### Registration/Start time - 8:00 to 10:00 am

Start Location – Southeast corner, Meijer parking lot, 2929 Walker Ave. NW, Grand Rapids, MI.

Trail traffic – The trails are open to the public so watch for walkers, runners, roller bladers and other cyclists who will also be out there today.

Riding speed – The Gold Spike is not a race. Cyclists must be aware of other riders and vehicles and yield as necessary to maintain safe conditions for all. Passing requires extra caution

and patience. Let cyclists around you know your intentions before changing speed or direction.

Trail etiquette – Ride in single file to accommodate users coming from the opposite direction, ride on the right side of the trail unless passing, step to the shoulder after stopping to keep the trail clear for other cyclists, leave head phones in the car, and take cell phone calls only after safely stopping.

Safety – The use of helmets is preferred for all cyclists.

SAG (support and grub) stations - Stop to punch your ride card at your chosen turn-around station and pick up snacks and water. Some mechanical support is also offered.

SAG closing times - SAG stations close as noted below. Of course, the trail is still open for cyclists who may be riding later in the day. SAGs are located at the following trail parking areas:

**Muskegon/Broadway SAG closes at 2:00 PM**

**Ravenna SAG closes at 3:00 PM**

**Conklin SAG closes at 4:00 PM**

**Marne SAG closes at 4:30 PM**

**Meijer/Walker SAG closes at 5:00 PM**

Routes – All routes go west from the parking lot and follow the Fred Meijer Pioneer Trail.

**20K route** – Punch your mileage card and turn-around at Marne SAG station.

**41K route** – Punch your mileage card and turn-around at Conklin SAG station.

**60K route** – Punch your mileage card and turn-around at Ravenna SAG station.

**100K route** – Punch your mileage card and turn-around at Muskegon SAG station.

Restrooms – Portable toilets are located in the Meijer, Marne, Conklin, Ravenna and Muskegon parking lots.

Emergency – Call **911** as soon as possible and request assistance; also report the situation to a ride volunteer (blue event tee shirt) or call the registration table at 616-648-6819.

Mileage card – When you reach the SAG Station at your turn-around, ask the volunteer (blue event tee shirt) to punch your card to record the distance for your mileage certificate.

Cyclist awards - Based on mileage ridden, each cyclist will receive a certificate. Stop at the Meijer lot registration table and turn in your mileage card to pick up your certificate. Those who complete the full 100K ride will get an additional award while supplies last. There are also a few door prizes that will be given by random selection to registered cyclists. Check at the registration table before leaving the event.

Dangerous weather – In the event of threatening weather, take shelter in a safe area until the conditions are again safe.

Trail surface – Be alert to trail conditions at all times. In areas where the surface may be uneven, slow down.

Lost and Found – If you lose anything on the ride, check back at the registration table to see if it was turned in.

## **Sponsors**

Thanks again to our sponsors for making today's ride possible. They are:

### Platinum level

Meijer, Inc.

### Gold level

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### Silver level

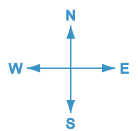
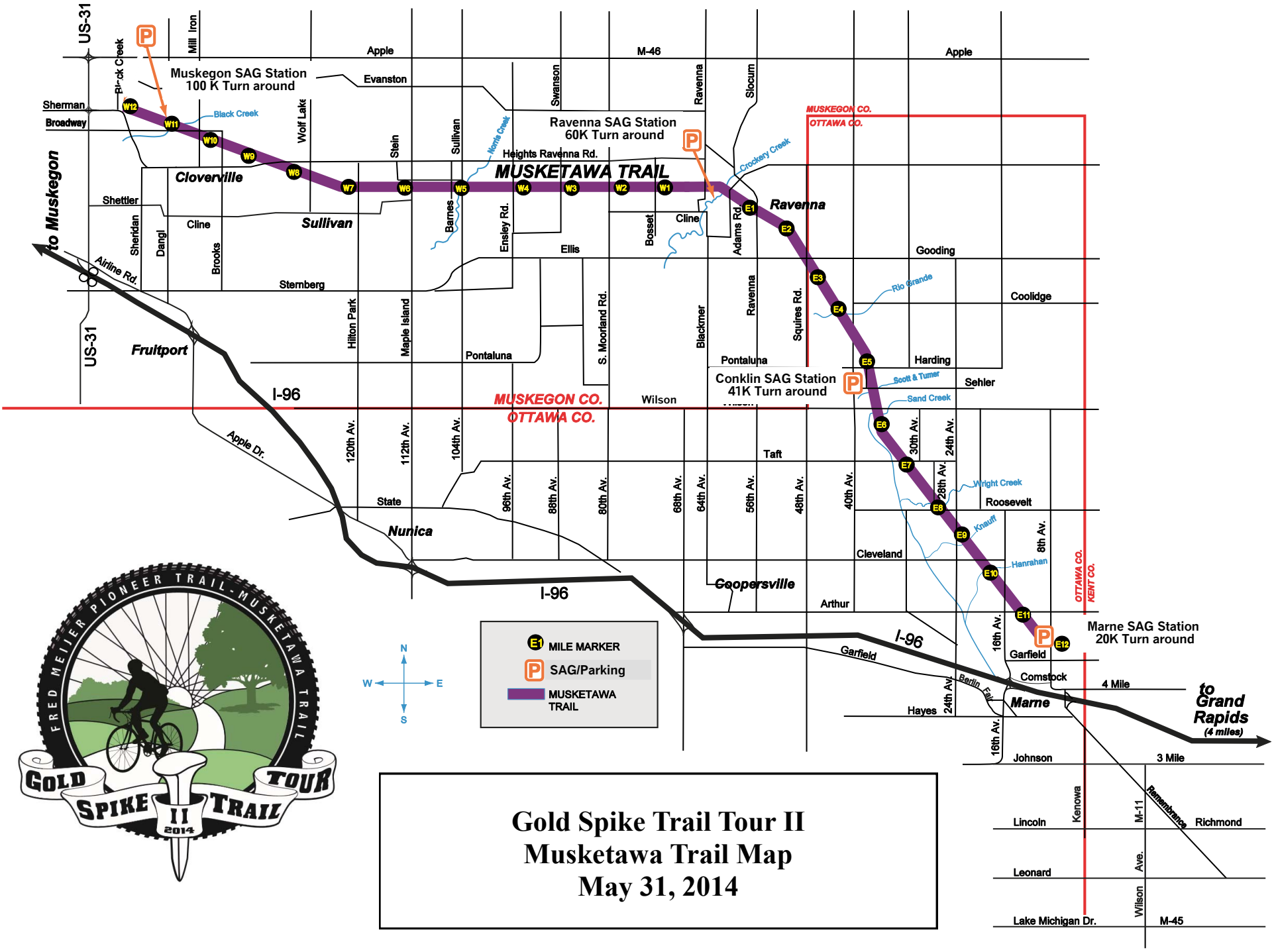
Advance Controls  
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### Bronze level

Breakaway Bicycles and Fitness  
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**Ride safely and enjoy our trails!**

**The Friends of the Musketawa Trail**



**E1** MILE MARKER

**P** SAG/Parking

**MUSKETAWA TRAIL**

**Gold Spike Trail Tour II  
Musketawa Trail Map  
May 31, 2014**

